

"INDEPENDENCE THROUGH EDUCATION"

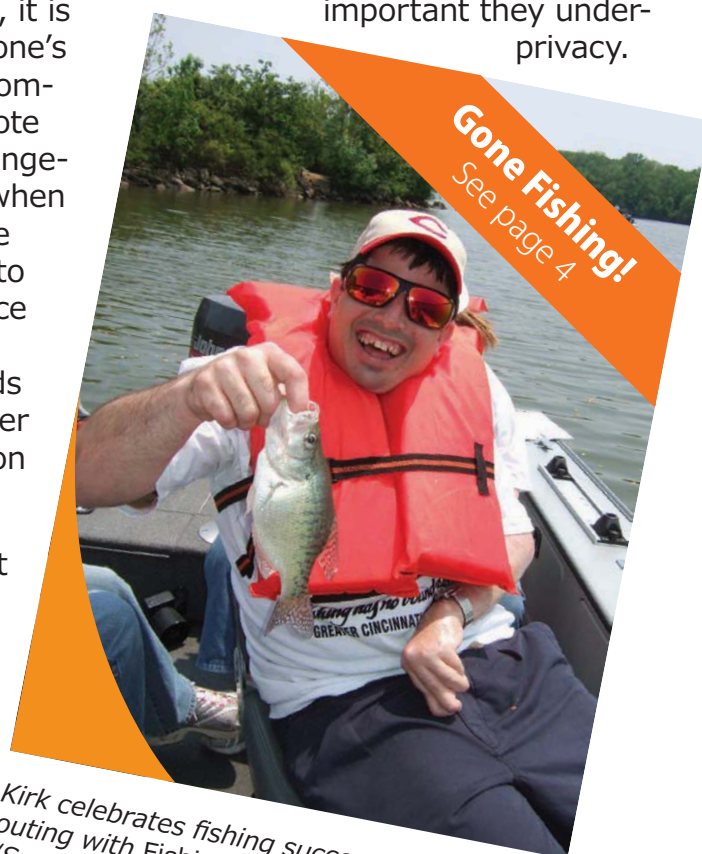
New Medicaid Waiver Service: Remote Monitoring

The technology of remote monitoring is now an alternative for some people with developmental disabilities in Ohio, providing more independence and ensuring they remain safe in their homes. Remote Monitoring, a new voluntary service under the Medicaid Individual Options Waiver, is designed to complement direct supports rather than replace them. Through the use of an internet-based system and live/real time interaction, a service provider can engage in two-way communication with the person receiving services. Remote Monitoring is most effective in the areas of health and safety and security by providing immediate support and assistance at any time. Remote Monitoring has been used in several states and has been shown to be very successful.

So what about privacy? Under Ohio law a person with a developmental disability has the right to "receive appropriate care and treatment in the least intrusive manner." While a person may prefer Remote Monitoring instead of direct services, it is important they understand the impact Remote Monitoring may have on one's privacy. In most cases, Remote Monitoring is only used in common areas such as kitchens and living rooms. Remote Monitoring may be utilized in a variety of living arrangements, including small and large groups, and only when agreed upon by everyone living in the home. Before consent is granted, everyone must be informed as to where in the home Remote Monitoring will take place and whether or not recordings will be made. Ohio Legal Rights Service Commission (LRS) recommends that consent be documented in writing and only after each person clearly understands detailed information about what Remote Monitoring means.

At a time when there are increasing concerns about fiscal resources in Ohio and ongoing conversations about how to do more with less, Remote Monitoring may be a cost-effective way for some people to reduce the amount of direct help they need. By focusing on specific needs rather than constant supervision, Remote Monitoring may also be able to help people increase their independence.

To learn more about remote monitoring visit:
www.dodd.ohio.gov



Kirk celebrates fishing success during an outing with Fishing Has No Boundaries. See "Summertime Community Activities" on page 4 for more summer fun.



Has Best Year Ever in Flying Pig

LADD's Run for the Future in the 2011 Flying Pig Marathon proved to be our best year ever in every aspect! Generous pledges, contributions and sponsorships helped us raise over \$28,000! People receiving services from LADD, families and friends from across our community developed teams, including a "virtual team" comprised of members from the LADD Board. Through these combined efforts,

the total number of participants doubled from last year with 170 people walking or running on behalf of LADD in the 5K, 10K, half or full marathon. A grateful Thank You to those who collected pledges and contributed, helping LADD to continue to make a difference in the lives of people with disabilities. Congratulations to the Top Fundraising Teams: **Horan, Osborn Rohs Williams & Donohoe LLC**, and **Tri-State Plan Administration Inc.** A hearty "Well Done" also goes out to the Top Individual Fundraisers: **Sue Chaffin** (LADD Family), **George Emerson** (LADD), and **Poppy Hawkins** (LADD Board).

We are already looking forward to an even bigger and better "Run for the Future" in 2012 in conjunction with the **Flying Pig Marathon** on the weekend of **May 5-6, 2012!** Please join us by putting a "Team" together to walk for LADD.



A big Thank You to our "2011 Run for the Future" Corporate Sponsors:



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ladd Earns CARF Accreditation...again!

LADD is pleased to announce earning its third consecutive Three-Year Accreditation from CARF International (Commission on Accreditation of Rehabilitation Facilities). This accreditation was awarded to LADD in the following areas: Community Services; Community Housing; Community Integration; Community Services Coordination and Supported Living; and Employment Services including Job Development, Job Supports and Job-Site Training. LADD also received accreditation in the Governance area for the first time.

The three-year accreditation decision represents the highest level that can be awarded to an organization and indicates the organization's substantial conformance to CARF standards. An organization receiving a Three-Year Accreditation submits to a rigorous peer review process and has demonstrated to a team of onsite surveyors that programs and services are of the highest quality, measurable and accountable.

CARF is an independent, nonprofit accrediting body whose mission is to promote quality, value, and optimal outcomes of services through a consultative process that centers on enhancing the lives of the people served. Founded

in 1966, CARF establishes consumer-focused standards to help organizations measure and improve the quality of their services. Since 2005, LADD has elected to have CARF perform this consultative accreditation process for all its programs. This is one example of the organization's dedication and commitment to improving the quality of the lives of the persons served.



A full report prepared by the CARF Survey Team acknowledged strengths in all areas of the organization and included

this comment: *"LADD employs passionate staff members who understand and practice the mission and values of the organization. All staff members clearly respect the persons served and make efforts to effectively communicate with and include persons served in decisions that they support. The staff members demonstrate the ability to train and to supervise persons with disabilities in a caring and compassionate manner."* It is evident in the services and the staff that LADD continues to establish a pattern of excellence.

If you would like more information, you may contact LADD's Director, Quality Operations, Cindy Gartenman at 513-487-3931 or cgartenman@laddinc.org.

2011 Fall Benefit Car Raffle Tickets are \$100 each each; be a winner of \$500 in the 22 bonus drawings or the Grand Prize of a BMW M3 Sedan, Corvette Grand Sport Convertible, Porsche Cayman S or \$50,000! Visit www.laddinc.org to learn more about this fundraiser.

BMW M3 Sedan



Corvette Grand Sport Convertible



Porsche Cayman S





Summertime Community Activities

More Than Just Fun

Participating in recreation and sporting activities provides an opportunity for social growth and personal development. For people with developmental disabilities, participation can help to overcome misperceived limitations and to provide the opportunity to experience growth without scores, performance times, and win-loss records that sometimes fail to measure true success.

The level of physical activity among people with developmental disabilities can be limited. However, it is entirely possible for people with developmental disabilities to vastly improve their self-esteem, independence, and sense of accomplishment by taking an active role in recreation. Whether alone or in a group, people can be empowered when they make the decision to participate in some form of recreation.

At LADD we assist people to adopt a healthy and active lifestyle. When people abandon a sedentary lifestyle and engage in physical activity, the results can be amazing! For example, Cathy, who lives at LADD's Geier Apartments, made a personal decision to take charge of her health about a year ago. Having struggled with her weight for sometime, Cathy independently developed a healthier lifestyle. She now takes the stairs instead of the elevator in her building, takes outdoor walks several days each week, enjoys aerobics, and has even enrolled in a ballroom dancing class! Cathy also became

familiar with healthier food choices and smart portions. With only 20 pounds left to reach her goal, Cathy began a Jenny Craig program and has had great success. With Cathy's determination and the support of LADD staff and her family, Cathy has lost a total of 65 pounds!

In addition to organized community recreation and sports activities that engage people in local summer softball teams and soccer leagues, regular workouts also take place at the O'Connor Sports Center at Xavier University for the many people who benefit from a more individualized approach.

Ben, living at LADD's Find A Way Apartments, has discovered a new outdoor adventure—hiking!

Ben started hiking with Ryan and they have plans to document each hike with photos and written details. Ben has become a real "trailblazer" and hopes to complete several of the trails in the Cincinnati Park District this summer. Don, who also lives at Find A Way, bikes a 10-mile trail in Loveland with the support of LADD staff. They plan to go canoeing this summer too.

Fishing is not for everyone, but continues to be one of the favorite outdoor activities for people at LADD. *Fishing Has No Boundaries* is a



Mindy's smile shows why fishing is so popular!

non-profit program whose goal is to open up the great outdoors to people with disabilities. Participation in this program lifts spirits and boosts morale and provides an opportunity for social growth and adventure in the outdoors! Catching a fish can provide a sense of accomplishment for anyone!

People with developmental disabilities have more opportunities than ever to be physically active and make healthy choices. Learn more about a few unique recreation opportunities by contacting:

A-Marika Dance Company—www.a-marika.com

Circus Mojo—www.circusmojo.com

Fishing Has No Boundaries—www.fhnbinc.org



Ben (left) with LADD Staff Ryan O'Leary discovered the joy of hiking this summer.

Mentoring Program Improves Workforce Skills

The purpose of the **Southwest Ohio PATHS** (Professional Advancement through Training and Education in Human Services) credentialing program is to teach, reinforce, and develop the necessary skills for a high quality Direct Support workforce. LADD's Direct Support staff is encouraged to participate in the PATHS program and to further their professional development. Recently, Northstar Advantage, in collaboration with Hamilton County Board of Developmental Disabilities Services and other agencies, created a peer-to-peer staff mentoring program. This program was ambitiously implemented at LADD. The objectives of the LADD mentoring program are to:

- Help new staff feel welcome.
- Build positive staff relationships.
- Share knowledge of job duties and community resources.
- Assist participants to develop professionally and personally.
- Improve job satisfaction and communication among co-workers.
- Reduce turnover.

The following LADD staff completed this new initiative and meeting eligibility requirements, were recently awarded the PATHS Specialized Certification in Coaching and Mentoring at a ceremony in May:



Photo h. yee

(L to R) Phyllis Thomas; Jim Steffey; Jenny Ramer; Amber McNaughton; Faith Maynard; Wylie Jones; Ashley Finley; (David Robinson Executive Director); DJ Gatwood; Diane Gaither-Thompson; Not pictured: Mariesa Blakeney; Kelly Colwell; Cindy Flatt; Rick Taylor.

Recognized as a Top Workplace 2011

In a survey conducted by Workplace Dynamics and Enquirer Media, LADD has been named one of the "Top Workplaces 2011," in the 150 employees or less category.

Early in 2011, LADD employees were asked to voluntarily participate in a 22-question survey covering six areas. Through this project, an organization can learn if employees feel valued for their ideas, skills, and contributions. Results for LADD indicate that employees feel LADD is efficient and effective, encourages new ideas, and that employees are well informed about important decisions within the organization. In addition LADD employees feel the work they do is meaningful.

LADD is proud to receive this excellent recognition from the community. A special thank you to the LADD workforce for their commitment to the people we support, their belief in the vision of LADD, and for making LADD one of the top places to work in Cincinnati.

ENQUIRER MEDIA
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Homeownership: Dreams Can Come True

In early spring, LADD received a grant for \$10,000 from the [Wells Fargo Housing Foundation](#).

Through this grant, LADD's SOAR (Services for the Ownership and Acquisition of Residences) Program will provide down payment assistance to people with disabilities over the next two years who wish to become homeowners. SOAR staff facilitates the process of becoming a homeowner by identifying resources that provide assistance with down payments and home modifications, as well as pre/post homeowner counseling. To date, LADD has helped 24 people with disabilities become homeowners.

Mindy can now welcome friends and family to her new home, thanks to LADD's SOAR program and down payment assistance made possible by a grant from the Wells Fargo Housing Foundation.

Spirit of Independence Award



Matt Chaffin (center) receives the Spirit of Independence Award from LADD Executive Director David Robinson while LADD President Tony Esposito applauds at the 2011 LADD Annual Meeting.

Hospital Medical Center. Matt has a great work ethic; neither sleet nor snow keep him from going to work! He independently sets his alarm each night, wakes up on his own in the mornings and completes his morning routine to ensure he makes it to the bus and to work on time.

Matt is a LADD EDUCATE Committee member and has volunteered to co-teach an upcoming EDUCATE class on community employment—"How to get and keep a job!"

Matt has a goal to live on his own one day and possibly even become a homeowner—there is no doubt he will achieve this. The sky's the limit!

Matt Chaffin was recognized for embracing his independence at the LADD Annual Meeting held in May. Amber McNaughton, a LADD Program Coordinator, explains why she nominated Matt:

Matt enrolled in the Victory Parkway program in July 2009 and currently resides in #14.

Matt is motivated to be as independent as possible. He continually puts forth the effort needed to learn necessary skills. In his relatively short time at the Victory Parkway Program, he has mastered many essential skills, such as writing checks, completing laundry chores, cooking and housekeeping. He's currently working on paying his bills independently and purchasing his Metro sticker.

For the past 5 years, Matt has worked 40 hours per week in the post-anesthesia care unit at Children's

World of Thanks Award

Also recognized at the LADD Annual Meeting was **Barry Smyth** who was acknowledged for his consistent and generous support of LADD for many years. Barry also served on the LADD Board of Directors in the mid 1980s and was instrumental in the development of LADD's Annual Campaign which continues to be successful year after year. Barry became involved with LADD through relationships he had as a neighbor to founding board directors Peggy Geier and Jeremy Simpson. He has been described as "altruistic, a family man and a good neighbor." Barry is married, has four sons and is a retired executive from Proctor and Gamble. Congratulations and Thank You Barry Smyth!



LADD President Tony Esposito congratulates Barry Smyth on receiving the 2011 World of Thanks Award from LADD.



Living Arrangements for
the Developmentally Disabled

3603 Victory Parkway
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www.laddinc.org

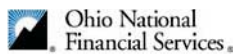
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Saturday, October 1, 2011 6:30 to 8:30PM

The Art of Entertaining

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tickets: \$45 each

Reservations appreciated by September 23

